

# Revised ASaP+ Maneuvers Menu for Adults 2017

Maneuver	Age (years)	Interval
Blood Pressure	18+	Annual
Height	18+	At least one measure in the chart, after 18 years of age
Weight	18+	3 Years
Pap Test	25-69	3 years
	21-24 (optional)	
	<21 (Do Not Screen)	
Mammography	50-74	2 years
Diabetes <i>One of :</i>	40+	5 years
• Hemoglobin A1C		
• Fasting Glucose		
• Diabetes Risk Calculator		
Plasma Lipids profile (Non-fasting)	40-74	5 years
Cardiovascular Risk (Framingham)	40-74	5 years
Influenza Vaccination	18+	Annual
Colorectal Cancer <i>One of:</i>	50-74	2 years
		5 years
		10 years
		<b>ASaP+ Modifiable Factors</b>
Tobacco	18+	Annual
Exercise Assessment	18+	Annual
<i>New!</i> Alcohol	18+	Annual
<i>New!</i> Vegetables and Fruits	18+	Annual

The age and interval of given information is suitable for the general population. The need of individual patients will vary. For each maneuver, the physician/provider should offer testing as appropriate.