



# Network Session Summary

<b>Session Topic:</b>	Easy Peasy PPIP: Tips, Examples & Strategies for Doctors and Clinic Teams
<b>Session Date:</b>	February 28, 2024 (a.m.) & March 27, 2024 (p.m.)
<b>Session Hosts:</b>	Dr. Janet Craig, Dr. Jerrett Stephenson, Dr. Lindsay Nanninga & Dr. Andie Bains
<b>Session Objectives:</b>	At the end of this webinar, you will be able to: <ul style="list-style-type: none"> <li>• Explain the requirements of the CPSA's Physician Practice Improvement Program (PPIP).</li> <li>• List at least two tools and resources available to support PPIP requirements.</li> <li>• Describe a variety of examples from peer physicians in Alberta.</li> </ul>

## Recommended Resources:

- [Session Recording](#)
- CPSA website: [resources](#)
- [MyL3Plan](#) - free PPIP reporting tool from the Physician Learning Program/Lifelong Learning Office at the UofA
- [MyPI](#) – subscription support program from UofC (PLP)
- Facing the Drain of Medical Practice – 90-minute webinar for PPIP-3 addressing burnout prevention (contact AMA ACTT program at [networks@albertadoctors.org](mailto:networks@albertadoctors.org))
- [One:carepath](#) research opportunity information
  - Link to [website](#)
- [HQCA Healthcare Panel Report](#)
- HQCA Patient Safety Culture survey – email [info@hqca.ca](mailto:info@hqca.ca) (Jonas Shultz)
- HQCA Patient Experience survey - email [info@hqca.ca](mailto:info@hqca.ca) (Roland Simon)
- MyL3 Plan: [My Lifelong Learning Plan: a free, accredited online tool that supports practice improvement - College of Physicians & Surgeons of Alberta | CPSA](#)
- MyPI: [A new practice improvement tool for Alberta physicians - College of Physicians & Surgeons of Alberta | CPSA](#)
- [How big does a PPIP activity have to be? - College of Physicians & Surgeons of Alberta | CPSA](#)

## Session Highlights & Themes:

- Starting in January 2021, Alberta physicians must meet CPSA's Physician Practice Improvement Program (PPIP) requirements at least once within a five-year cycle.



- PPIP activities include: **PPIP-1: practice-driven quality improvement (QI)**, **PPIP-2: CPSA standards of practice quality improvement** and **PPIP-3: personal development**.
- Physicians must report their participation in these activities in the PPIP section of CPSA's Renewal Information Form (RIF) and may be asked to verify their involvement
- It's important to retain action plans and any documentation about the 3 activities for a period of six years.

- Practice-driven QI activities must use objective data.
- Examples include HQCA Healthcare Panel Report, HQCA Patient Safety Culture Survey, HQCA Safety Culture Survey.
- CPSA's Standards of Practice can be used as a benchmark to identify opportunities for growth and practice enhancement. Examples include MDSnapshot
- Examples of the personal development activity includes reflecting on multi-source feedback and addressing personal stressors such as burnout or fatigue.
- PPIP-1 and PPIP-2 require an action plan.
- PPIP-3 requires feedback data, facilitation and an action plan.

- Examples of:
- PPIP-1: practice-driven quality improvement (QI)
  - Reduce physician inbox management by having nurse-led culture result management
- PPIP-2: CPSA standards of practice quality improvement
  - Virtual care: confirm patient and physician identity at every virtual care visit and document
  - Prescribing SOPs: meet and document all Prescribing SOPs for patients on MDSnapshot who are higher risk
- PPIP-3: personal development
  - Complete 'Insights' profile to assess personal contribution to team dynamics
- Complete Maslach Burnout Inventory and address or prevent burnout