

Opioid Dependency Program (ODP) to Primary Care Transition Pathway



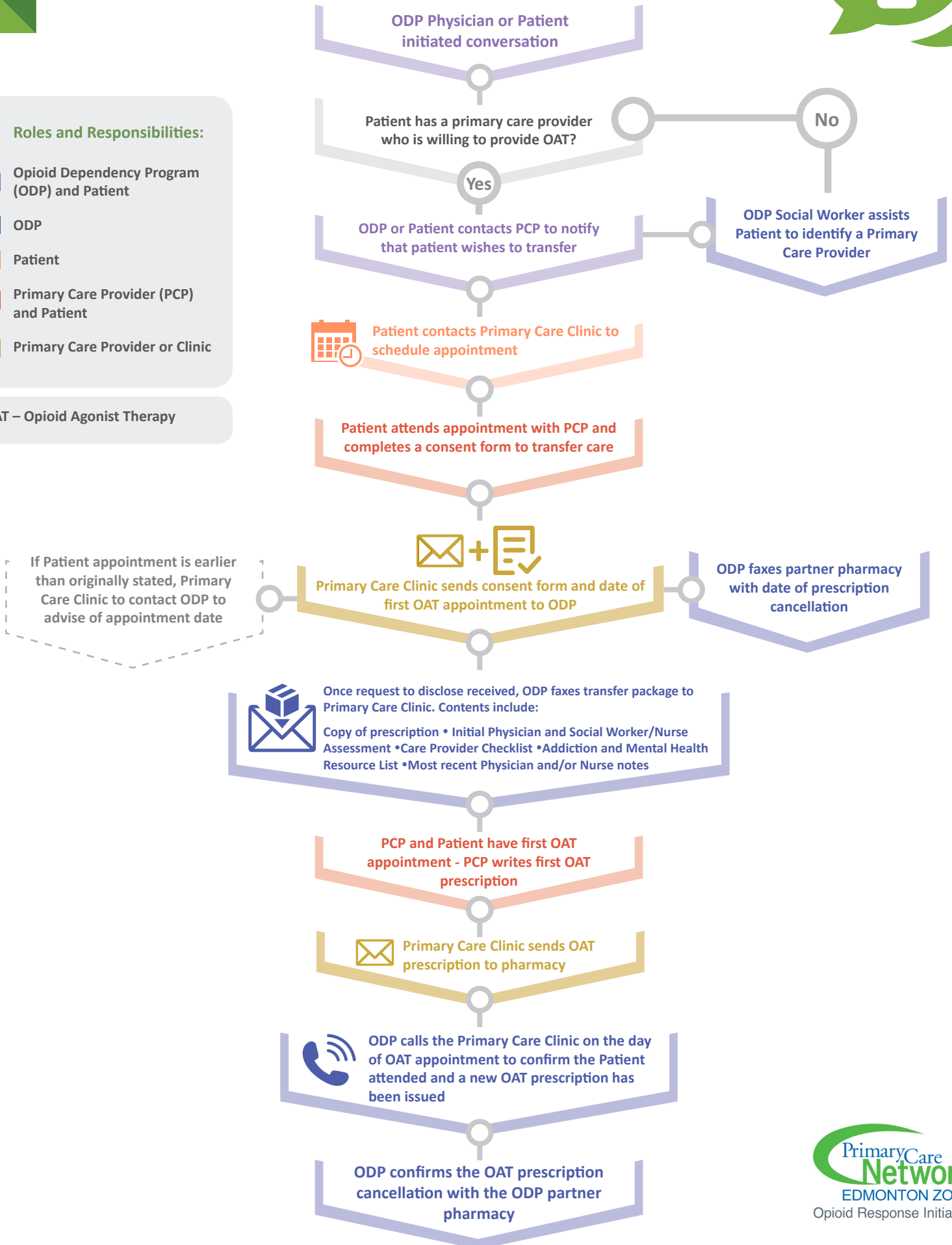
ODP to Primary Care Transition Pathway



Roles and Responsibilities:

- Opioid Dependency Program (ODP) and Patient
- ODP
- Patient
- Primary Care Provider (PCP) and Patient
- Primary Care Provider or Clinic

OAT – Opioid Agonist Therapy



ODP to Primary Care Transition Pathway Process Chart

PROCESS	DETAILS	WHERE/WHO DOES IT?	SUPPORTING RESOURCES OR TRAINING
ODP Physician or Patient initiated conversation	<p>Patient is stable on Opioid Agonist Therapy (OAT) and open to transferring to Primary Care Provider (PCP)</p> <p>Stabilization Guidelines included in Appendix A</p>	<p>At appointment with Opioid Dependency Program (ODP) Physician</p> <p>Physician or Patient initiated</p>	<p>Towards Optimized Practice (TOP): Tools for Practice Document – Location, Location, Location</p> <p>Best Science Medicine Podcast – Episode 406: How well is opioid agonist therapy managed in primary care?</p>
ODP or Patient contacts PCP to notify that patient wishes to transfer	<p>Depending upon patient preference, may be done with support of ODP staff</p> <p>If patient does not have PCP, ODP Social Worker can provide support to identify one</p>	<p>ODP Staff (Physician/Nurse/Social Worker) or Patient</p>	<p>PCN Alberta Find A Doctor</p> <p>811 – Health Link</p> <p>College of Physicians and Surgeons of Alberta</p>
Patient contacts Primary Care Clinic to schedule appointment	<p>Patient is best able to speak to availability for appointment</p> <p>If support is required, an ODP Social Worker can facilitate this call</p>	<p>Patient</p> <p>ODP Social Worker if requested</p>	
Patient attends appointment with PCP and completes a consent form to transfer care	<p>This first appointment is viewed as an opportunity for the Patient and PCP to assess fit</p> <p>Option to begin OAT prescription at this appointment dependent on PCP comfort level (i.e., new or returning patient)</p>	<p>Primary Care Clinic</p> <p>Physician/Nurse Practitioner and Patient</p>	<p>Each clinic has its own unique form for requesting the health information of a patient transferring to their clinic</p>
Primary Care Clinic sends consent form and date of first OAT appointment to ODP	<p>Request is viewed as consent that PCP will take over care, including OAT</p> <p>ODP will know when current prescription should end</p>	<p>Primary Care Clinic</p> <p>Physician/Nurse Practitioner/Clinic Nurse/Attachment Coordinator/Administrative Staff</p>	<p>ODP contact information:</p> <p>Phone: 780-422-1302</p> <p>Fax: 780-427-0777</p>
ODP faxes partner pharmacy with date of prescription cancellation	<p>This date is subject to change and requires further confirmation once a new prescription has been issued</p> <p>If patient appointment is earlier than originally stated, Primary Care Clinic must advise ODP of this change to ensure no overlap of prescriptions</p>	<p>ODP Nurse/Administrative Staff</p>	
Once request to disclose received, ODP faxes Transfer Package to Primary Care Clinic	<p>Contents include:</p> <ul style="list-style-type: none"> - Copy of current OAT prescription - Initial Physician and Social Worker/ Nurse Assessment - Care Provider Checklist, including Pharmacy Information - Addiction and Mental Health Resource List - Most recent Physician and/or Nurse notes 	<p>ODP Nurse/Administrative Staff/ Social Worker</p>	<p>Patient would have previously signed a consent to release information upon intake with the ODP Clinic</p> <p>Addiction and Mental Health Resource List is included in Appendix B</p>

PROCESS	DETAILS	WHERE/WHO DOES IT?	SUPPORTING RESOURCES OR TRAINING
PCP and Patient have first OAT appointment - PCP writes first prescription		Primary Care Clinic Physician/Nurse Practitioner and Patient	PEER Clinical Practice Guidelines: Managing Opioid Use in Primary Care
Primary Care Clinic sends OAT prescription to pharmacy	Preferred pharmacy listed on Care Provider Checklist Pharmacy likely to stay the same as patient was dosing at through ODP Clinic but may change if patient desires	Primary Care Clinic Physician/Nurse Practitioner/Nurse/Administrative Staff	Pharmacists looking for more information can reference Alberta College of Pharmacists ODT Guidelines
ODP calls the Primary Care Clinic on the day of the OAT appointment to confirm the Patient attended and a new OAT prescription has been issued	If patient did not attend appointment or OAT prescription was not issued, ODP may need to contact patient for follow-up depending upon the end date of the current prescription	ODP Nurse/Administrative Staff	
ODP confirms OAT prescription cancellation with ODP partner pharmacy	This ensures that no overlap in prescriptions will occur	ODP Nurse/Administrative Staff	

LINKS TO RESOURCES:

- Towards Optimized Practice (TOP): Tools for Practice Document – Location, Location, Location
https://www.acfp.ca/wp-content/uploads/tools-for-practice/1538762474_tfp221primarycareoudfv.pdf
- Best Science Medicine Podcast – Episode 406: How well is opioid agonist therapy managed in primary care?
<https://therapeuticseducation.org/podcast/episode-406-how-well-opioid-agonist-therapy-managed-primary-care>
- PCN Alberta Find A Doctor
<https://albertafindadoctor.ca/>
- College of Physicians and Surgeons of Alberta Physician Search
<https://search.cpsa.ca/physiciansearch>
- PEER Clinical Practice Guidelines: Managing Opioid Use in Primary Care
<https://acfp.ca/wp-content/uploads/2019/05/ODU-Guideline-CFP.pdf>
- Alberta College of Pharmacists ODT Guidelines
<https://abpharmacy.ca/sites/default/files/ODTGuidelines.pdf>

APPENDIX A - STABILIZATION GUIDELINES

Patient stability could be indicated by any or all the following criteria:

- Stable dose of suboxone or methadone
- Minimum of three opioid negative urines
- Attendance at appointments
- Full carries
- Meeting DSM-5 criteria for Opioid Use Disorder, in early or sustained remission

APPENDIX B - ADDICTION & MENTAL HEALTH RESOURCE LIST

If you or your patient need additional support:

- Opioid Dependency Program (ODP) Edmonton: 780-422-1302, 10010 102A Avenue, 1st Floor
- ODP Satellite Clinics (Sherwood Park, Northgate and West PCN): 780-405-8193
- Opioid Use Disorder (OUD) Consultation Line: 1-800-282-9911 or 1-780-735-0811 (8 AM to 5 PM daily)
- Alberta Health Services (AHS) Addiction and Mental Health Intake: 780-424-2424 (24/7)
- AHS Addiction Services Edmonton: 780-427-2736, 10010 102A Avenue, 2nd Floor
Walk in Intake available Mon., Tues., Thurs., Fri. 8 AM to 3 PM, Wed. 8 AM to 12 PM
- AHS Addiction Recovery Centre (Detoxification Services): 780-427-4291, 10302 107 Street
Assessment from 9:30 to 10:30 AM daily, Admission based on triage and bed availability
- Momentum Counselling: 780-757-0900
Counselling services on a walk-in basis with affordable fees
<https://www.momentumcounselling.org/#>
- City of Edmonton Short Term Counselling Services (for Individuals or Families, no cost): 780-496-4777
- Narcotics Anonymous: 780-421-4429
Mutual aid meetings daily, www.eana.ca
- Opiates Anonymous:
Opiate specific mutual aid group, Edmonton Meeting – Sunday 7 PM at Recovery Acres, 6329 118 Avenue