

Many patients only make a visit to their family doctor when they or a family member feel unwell.



However, regular health screening tests are an important part of health care for all adults. Your test results tell you about your current health and also can help detect any problems early, which is important for successful treatment.

everyone

- Blood Pressure
- Height & Weight
- Exercise Assessment
- Tobacco Use Assessment
- Colorectal Cancer Screening
- Flu Vaccine
- Cholesterol Testing
- Heart Disease Risk
- Diabetes Screening

women

- Pap Test
- Mammogram

Some of these tests should be done annually. Others are needed less frequently. Your health care team can tell you when you are due for these screens.