Home to Hospital to Home Transitions:
The ADAPT Study

February 2021

Overview of ADAPT

ADAPT is a grant funded (PRIHS 5) implementation initiative for the Home to Hospital to Home Transitions Guideline (H2H2H). This grant, ending September 2024, will provide nearly $1.2 million to improve transitions in care for Albertans with the following 5 chronic diseases: Heart failure, chronic obstructive pulmonary disease, cirrhosis, end-stage kidney disease and/or stage 3-4 cancers.

ADAPT implementation will focus on 3 of 6 H2H2H Guideline elements (see below). The ADAPT initiative will lead a co-design process to integrate, spread, and scale current disease-specific pathways work across Alberta to establish a disease-inclusive transitions in care pathway for patients with chronic disease.

Implementation of ADAPT will be tested in 5 acute care sites and Primary Care Network (PCN) clinics across the province. ADAPT will also assess whether the disease-inclusive pathway adapted to local settings is an efficient and cost-effective intervention within the Alberta healthcare system.

Implementing 3 Guideline Elements

Admit Notification: Bidirectional flow of information between the patient's circle of care (e.g. primary care & supportive care teams) & hospital

Transition Planning: Create a common platform & standardize patient transitions; integrate primary care & specialist led transitions in care pathways

Follow-up to Primary Care: Strengthen follow-up to primary care & connection to the patient's medical home

Impact

Value for Zones

ADAPT will provide additional financial and human resources to help zonal operations (PHC and acute care) implement specific H2H2H Guideline elements & standardize processes and tools to optimize care for patients in their medical home.

Co-Designers Needed

ADAPT is seeking input from stakeholders to co-design a standardized post-discharge follow-up process in primary care for transitioning patients with chronic disease.

This is an opportunity to participate in ADAPT regardless of which 5 acute care sites and PCN clinics are selected to implement ADAPT. Broad perspectives are required to ensure optimal design and usability across the province.

To participate in the co-design of this process, please contact Pam Sterling (email below).

If you have any questions, please contact Pam Sterling, Senior Project Manager, Primary Health Care Integration Network (AHS) at pamela.sterling@ahs.ca

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