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|  | * Does the patient have employee assistance plan or benefits? * Can the patient access private treatment / therapy? * Is there a supportive relationship with a family or friend? | * Does your clinic have a written process in place for what to do with patients taking opioids when their family physician is away? * Are there multidisciplinary team members that can help the family physician care for patients taking opioids? * Admin/front desk * Nursing * Allied health * Referral coordinator * Social worker * Pharmacist * Other | Consider the resources in your health neighborhood. Some examples may include: | | | |
| * Distress Centre * Calgary:  403-266-HELP (4357) * Edmonton:  780-482-HELP (4357) * Rural North:  1-800-232-7288 * Rural SW:  1-888-787-2880 * Urgent care or the nearest emergency room * 911 | * Centralized teams * Programs * Workshops * Other physicians in community or PCN | Zone & Medical Specialty:   * AHS Clinical therapy OR psychiatry * Calgary urban: Access mental health  403-943-1500 * Calgary rural mental health intake: 1-877-652-4700 * Edmonton: Access 24/7 (coming soon)  780-488-2395 * Calgary Specialist Link: specialistlink.ca   Provincial supports:   * Patient information: * Online: MyHealth.Alberta.ca * Telephone: 811 * Better Choice, Better Health:  https:/betterchoicesbetterhealth.ca * PEER Collaborative Mentorship Network:  www.cmnalberta.com * Virtual Opioid Dependency Program (AHS) 1-844-383-7688 * Opioid use disorder telephone consultation: * For providers north of Red Deer:  RAAPID North 1-800-282-9911  or 780-735-0811 * For providers south of Red Deer:  RAAPID South 1-800-661-1700  or 403-944-4486 * eReferral advice request:  albertanetcare.ca/ereferral.htm | * 211 for social supports * Family & Community Support Services (FCSS) * Mental health and addiction supports (ex. Canadian Mental Health Association) * Therapists in the community or technology enabled (ex. Calgary Counselling Centre) * Community pharmacists |

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