

MY DOCTOR AND HEALTH TEAM:

know my family



**A CONSISTENT
RELATIONSHIP
WITH YOUR FAMILY
DOCTOR AND TEAM CAN
HELP YOU STAY HEALTHY.**

Did you know seeing the same family doctor and team can lead to higher quality care than seeing a different one each time?

Let's work together to make decisions about your health care.

IF YOU DON'T HAVE A FAMILY DOCTOR CALL HEALTH LINK BY DIALLING 811

OR SEARCH [ALBERTAFINDADOCTOR.CA](https://albertafindadoctor.ca)

