

Primary Amenorrhea

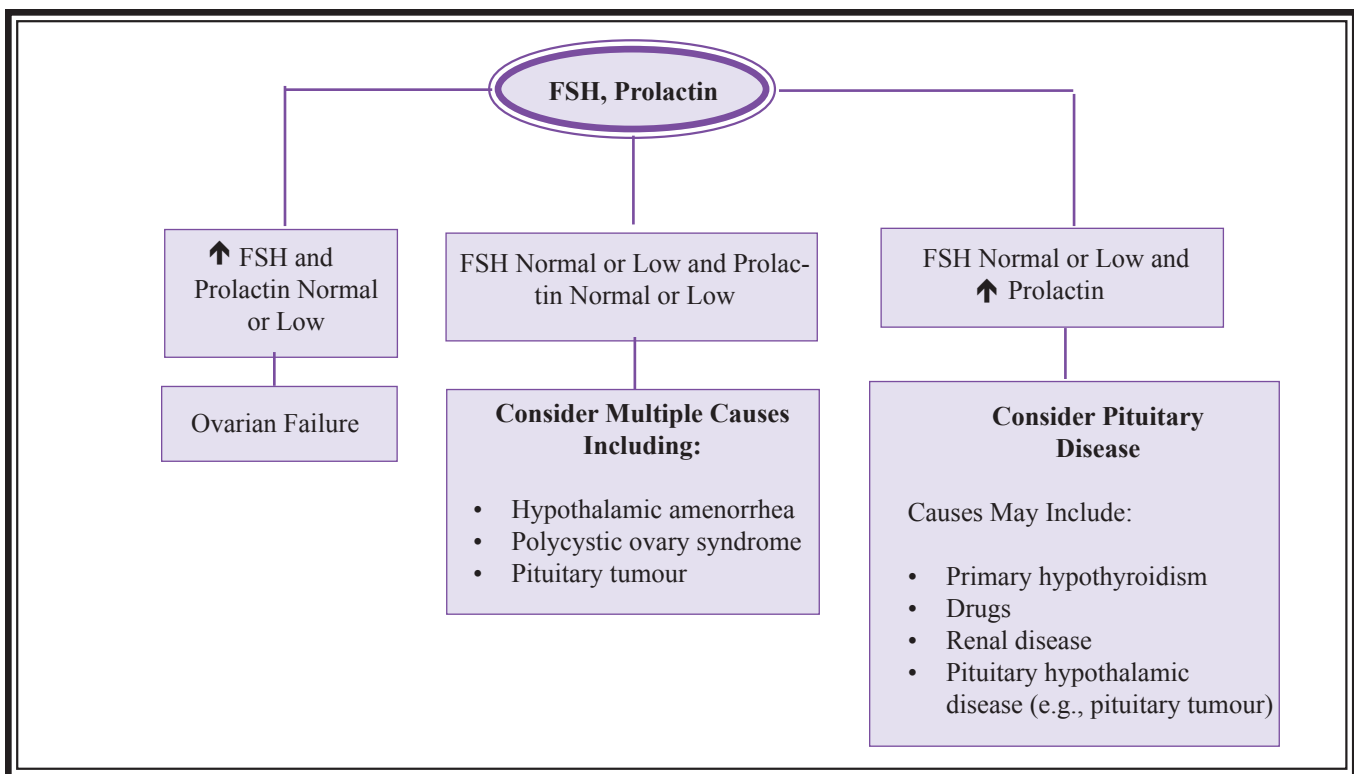
- Appropriate medical consultation is recommended.

Secondary (≥ 6 months) Amenorrhea

- Rule out pregnancy.
- Data indicate that initial laboratory investigation of amenorrhea to establish categories of disease include follicle stimulating hormone (FSH) and prolactin.
- Follow endocrine testing Algorithm below.
- To confirm a diagnosis, endocrine testing may be repeated.

Menopause

- If required to confirm menopause, FSH is the ONLY TEST NEEDED.



Endocrine Testing: Hirsutism

A Summary of the Alberta Laboratory Endocrine Testing Guidelines, April 1998.

- The majority of cases of mild hirsutism require NO laboratory investigation.
- In severe or rapidly developing hirsutism, appropriate medical consultation is recommended.
- Tests that may be useful in the investigation of hirsutism include: Total testosterone, DHEAS and Androstenedione (drawn after 10 a.m.)
- The following tests are NOT indicated for: diagnosis of hirsutism without menstrual disorders: LH, FSH, Estradiol, Progesterone, DHEA.