

### OBJECTIVE

Alberta clinicians optimize laboratory testing for investigation of suspected galactorrhea

#### TARGET POPULATION

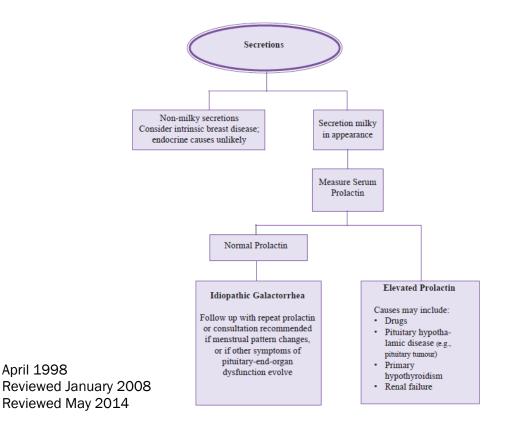
Patients with non-puerperal secretions of milk

#### EXCLUSIONS

None

## RECOMMENDATIONS

- ✓ Evaluate secretions during breast examination
- ✓ Repeat testing if equivocal prolactin results
- Measure prolactin level at least one hour after a breast examination as breast trauma or manipulation can affect prolactin levels
- ✓ Refer to algorithm below for diagnostic options



These recommendations are systematically developed statements to assist practitioner and patient decisions about appropriate health care for specific clinical circumstances. They should be used as an adjunct to sound clinical decision making. For the complete guideline refer to the TOP website: <u>www.topalbertadoctors.org</u>

# Algorithm: Investigation of Galactorrhea